



# Permanent Cosmetics Before Care



Thank you for choosing Premier Cosmetic Solutions for your new permanently enhanced features. Our artists are always looking for ways to make your procedure applications as comfortable as possible.

In order to have the most comfortable application, please review the following bullet points prior to your appointment.

## ✂ Medical

- ✂ If you are using Latisse®, or any other lash enhancing treatment, please refrain from usage two weeks prior to your procedure, ESPECIALLY EYELINERS. Lash enhancing treatments cause the eyelids to become extremely sensitive and high impervious to numbing creams. This makes the application VERY painful.
- ✂ If you take any prescribed, or non-prescribed, NSAIDs—Non-Steroidal Anti-Inflammatory Drugs—anti-clotting, anticoagulants, antiplatelet, or thrombolytic medications, do not stop taking these medications. However, we do ask that on the day of your procedure, you take the medications after your procedure is complete, if at all possible.
  - ☞ All of these medications may cause bleeding and bruising at the procedure area.
  - ☞ Depending on your prescription, we may require a doctor to sign a waiver before we apply your procedure.
- ✂ If you take Fish Oil or Omega 3 supplements, please refrain from taking these for at least three (3) days prior to the procedure. Omega 3 may slow blood clotting, leading to bleeding and bruising at the procedure area.
- ✂ If you have ever had cold sores caused by HSV type 1 or 2, any procedure performed where a sore occurred may cause a breakout. We advise you to be on a prescription of Acyclovir, Valacyclovir, or the generic equivalents, such as Zovirax or Valtrex. Please request this prescription from your physician to take for five days prior to, and five days after, your application to minimize breakouts.
  - ☞ If you cannot obtain this prescription prior to your appointment, it is still advised to take it afterwards.
  - ☞ This may occur even if you haven't had a cold sore in several years. Please note that if you have been exposed to the virus in the past, but have never had a breakout, one may still occur. We are aggravating the underlying tissue that may contain the virus, thereby increasing the chance of a cold sore.
- ✂ If you are allergic to any of the following, or have severe multiple allergies, please purchase Vitamin E Oil and inform your artist prior to your procedure: Latex, Lanolin, or Topical Anesthetics

## ✂ Drink

- ✂ We strongly recommend that you abstain from caffeine, coffee, soda, or tea for four hours before your procedure.
  - ☞ Caffeine increases heart rate and metabolism, decreasing the effectiveness and duration of our numbing creams.
- ✂ Please do not drink alcohol prior to your procedure. If you feel you must, please limit yourself to one glass of wine.
  - ☞ Alcohol thins the blood and may cause the procedure area to bleed.
  - ☞ Our licensing prevents us from working on those who are intoxicated, tranquilized, or otherwise under the influence of medications. We will reschedule your appointment, as well as charge you a cancellation fee, if we suspect you are under the influence of any neurologically impairing drug.

## ✂ Day of

- ✂ Frozen peas make the best moldable ice packs. It is recommended to have some at home to reduce swelling if needed.
- ✂ Bring in any of your favorite lipstick colors, eyeliner colors, and blush colors. We will discuss them with you during your consultation. You may also bring in a favorite photo or cut out of your favorite brow shape or eyeliner. This is optional. We will draw them in from scratch, but the picture may be helpful.
- ✂ Arriving for your appointment without makeup will give us a better idea of your natural tone and color. If this is not possible, or you do not feel comfortable, we will remove the makeup prior to applying your procedure.

If you have any concerns, please contact us at Premier. Below, you will find the main office number as well as the direct lines to each Premier technician.

Welcome to natural beauty... enhanced!

### ✂ Premier Cosmetic Solutions

- ✂ 1.877.33.PREMIER (1.877.337.7364)
- ✂ Info@premiercosmeticsolutions.com

✂ Please call your original location to schedule your retouch appointment after 8 weeks.